

November 18, 2018

Is God Good?

"Finding Joy"

Psalm 30:1-5 (NKJV)

• *From the Night to the Dawn*

A. Our Text—Psalm 30

B. Some Considerations—How to Find Joy in Suffering

1. Understand Romans 8:28
2. Choose Worship Rather Than Bitterness
3. Do Not Waste Your Weeping
4. Do Not "Replace" Grief With Joy, Rather Grief "Turns Into" Joy

Psalm 30:1-5 (NKJV)

I will extol You, O LORD, for You have lifted me up,
And have not let my foes rejoice over me. ²O LORD my God, I cried out to
You, And You healed me. ³O LORD, You brought my soul up from the grave;
You have kept me alive, that I should not go down to the pit. ⁴Sing praise to
the LORD, you saints of His, And give thanks at the remembrance of His holy
name. ⁵For His anger *is but for* a moment, His favor *is for* life; Weeping may
endure for a night, But joy *comes* in the morning.