



MEMORY CARE SUPPORT GROUP:

REACHING OUT... TOUCHING LIVES... SUPPORTING EACH OTHER!

**First Baptist Church
801 W Avenue D
Garland, TX 75040**

2021 Calendar of Events

The 4th Monday of each month at 6:30 p.m.

FBCG Parlor - 9th Street Entrance

MAY 24 – “Spring into the Awareness of Dementia”

Part 1 of our Three-Part Series, “The Journey”

Guest speaker, Alma Garcia

This first meeting will be a **virtual** event only!

JUNE 28 – *Let’s Have a Banana Split Party*

“Spring into the Awareness of Dementia” – Part 2

“Communication and Validation: Embracing Them Where They Are”

FBCG Parlor and on Zoom

JULY 26 – “Spring into the Awareness of Dementia” – Part 3

“How to Break Away from the Caregiver Guilt... and

Find Peace Again!”

FBCG Parlor and on Zoom

AUGUST 23 – “The Day in the Life of a Caregiver”

“Come Share with us Your Stories”

FBCG Parlor and on Zoom

Memory Care Support Group – 2021 Events Calendar cont.

SEPTEMBER 27 – Join us for supper... It's a Frito Pie Party!
“Grief and Journaling – What are Those Caregiver Grief Issues?”
FBCG Parlor and on Zoom

OCTOBER 25 – “How to Walk Into the Holidays... Changing Traditions”
FBCG Parlor and on Zoom

NOVEMBER 22 – Thanksgiving Feast – Lilly's turkey and dressing and Yonce's favorite holiday dessert...bring your favorite holiday dish.
Pastor Jack Schmid will share with us his thoughts on:
“Being Thankful When it's Not Easy!”
FBCG Parlor and on Zoom

TUESDAY DEC. 7 – **Special Event Sponsored by 'The Bridge of Time':**
Join us for the “Holiday Affair with Teepa Snow”
This will be a **virtual** event...but one you will not want to miss.
Teepa is a renowned speaker on all topics related to dementia care.
Tickets - \$10.00 each

DECEMBER 20 – (3rd Monday)- Gift Giving to Those with Dementia and for Their Caregivers...What are Your Needs?
Let's exchange holiday ornaments!
FBCG Parlor and on Zoom

*Please note that the May 24th meeting is **virtual only**.
Effective, June 28th we will offer our meetings in-person
in the FBCG Parlor and via Zoom.*

Respite care will be available for family members during the meetings.

*Please RSVP for respite care with Terri Carter, (972) 276-7194, x 239,
or terric@fbcgarland.org*



FIRST BAPTIST
GARLAND

Dr. Greg Ammons, Senior Pastor

801 West Avenue D, Garland, TX 75040

(972) 276-7194 - www.fbcgarland.org

Submit prayer requests at: www.fbcgarland.org/prayer1

or text "Pray4me" to 77411