

# Sermon Notes

Dr. Greg Ammons, Senior Pastor

## “My Tribute” Psalm 30:1-12 (ESV)

A. David's Story

B. My Story

### Psalm 30:1-12 (ESV)

I will extol you, O LORD, for you have drawn me up and have not let my foes rejoice over me. <sup>2</sup>O LORD my God, I cried to you for help, and you have healed me. <sup>3</sup>O LORD, you have brought up my soul from Sheol; you restored me to life from among those who go down to the pit. <sup>4</sup>Sing praises to the LORD, O you his saints, and give thanks to his holy name. <sup>5</sup>For his anger is but for a moment, and his favor is for a lifetime. Weeping may tarry for the night, but joy comes with the morning. <sup>6</sup>As for me, I said in my prosperity, “I shall never be moved.” <sup>7</sup>By your favor, O LORD, you made my mountain stand strong; you hid your face; I was dismayed. <sup>8</sup>To you, O LORD, I cry, and to the Lord I plead for mercy: <sup>9</sup>“What profit is there in my death, if I go down to the pit? Will the dust praise you? Will it tell of your faithfulness? <sup>10</sup>Hear, O LORD, and be merciful to me! O LORD, be my helper!” <sup>11</sup>You have turned for me my mourning into dancing; you have loosed my sackcloth and clothed me with gladness, <sup>12</sup>that my glory may sing your praise and not be silent. O LORD my God, I will give thanks to you forever!